

Packaging/Shipping Instructions



Ensure lids to specimen collection cups are SEALED. If not sealed properly, the contents can spill, which could lead to a rejected specimen. Twist the lid on COMPLETELY.



- 1) Place specimen container (TUBE or CUP) in the zippered pouch in the front of the Specimen Biohazard Bag with the absorbent pad. **Seal the bag.**
- 2) Place the completed TEN Healthcare Test Requisition along with patient demographics and insurance information in the flap pocket (NO ZIPPER) in the back of the Specimen Biohazard Bag.
 - Verify that the sample and requisition are in the correct pouches*
 - **Requisition is located in the back side in the flapped pouch**
 - **Sample is located in the front side in the zippered pouch**
- 3) Place the Specimen Biohazard Bag in the FedEx Clinical Pak and **Seal it.**
- 4) Place the sealed Clinical Pak inside the Pre-Labeled FedEx Clinical Box and **Seal it.**



Call **1-800-463-3339** (1-800-GOFEDEX) to schedule a pickup. Listen to the automated system until it states, “In a few words please describe what you are calling about.” After you hear this, press “0” for the next three prompts to be connected with an operator. State that you have an **Express Paid Label** and **provide your address**. No other information will be needed.

If your package cannot be picked up, it may be placed in a FedEx Drop Box. Do not take this package to a FedEx Office location as they will not accept this type of shipment.